



J'S BAKERY

VEGAN

BROWNIES + BARS

GO DIET NINJA

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ALL DAY CAFÉ

DESSERTS

VEGAN

ALMOND DATE PROTEIN BOMB - KD 1.500 / 12.000

Almond date pea protein bomb. 1pc 41.5 Kcal, 1g Carbs, 1g Fat, 1.6g Protein. 1 Box: Approx 30-35 pcs. vegan.

ALMOND BUTTER STUFFED DATES - KD 1.500 / 6.000

Vegan Sukkari dates stuffed with homemade toasted almond butter. 1 Box: Approx 30 pcs.

DARK CHOCOLATE P.B STUFFED DATES - KD 1.750 / 7.500

Vegan Sukkari Dates stuffed with home made crunchy pb, dipped in dark hocolate, sprinkled with sea salt. 1 Pc: 89 Kcal, 14.4g Carbs, 3.8g Fat, 1.2g Protein

VEGAN MINI DATE LOAF - KD 6.000

Made with local dates, gluten free oat flour, organic virgin coconut oil, organic unrefined coconut sugar, flax seeds with cinnamon. Pack of 3 loafs. 1Pc: 241 Kcal, 45g Carbs, 6.g Fat, 3.8g Protein. *Made in a kitchen that contains nuts & gluten products.

PALEO ALMOND PITTA CRACKERS - KD 4.500

Paleo, Vegan. Almond meal pitta crackers. 1 Packet : 1 Dz. V. GF. Made in a kitchen that contains Nuts & Gluten products. cals 60.5 kcal, Carbs 1.5g, Fat 5g, Protein 2.4g.

VEGAN PB BLACKOUT PUDDING - KD 7.500

4 Individual cups of warm vegan & gluten free chocolate cake pudding, drizzled with homemade pb, with extra pb sauce & peanuts on the side. 1 Pudding: 273 Kcal, 16.8g Fat, 29g Carbs, 3.75g Protein. *Made in a kitchen that contains nuts & gluten products.

VEGAN CHOCOLATE FUDGE - KD 24.000 / 38.000

Vegan, chocolate cake made with gluten free oat flour, organic virgin coconut oil, organic unrefined coconut sugar, almonds with 70% dark chocolate, cacao ganache icing. 5" Cake 5 - 6 Servings. *Made in a kitchen that contains nuts & gluten products.

PALEO GRAINFREE GRANOLA - KD 1.750 / 7.750

Vegan, gluten free, no grain, paleo granola. 100% nuts & seeds; a mix of almonds, cashews, pecans, chia seeds & flax Seeds, lightly sweetened with organic coconut sugar, pb & cacao. 1 Pack 50g & 500g. *Made in a kitchen that contains nuts & gluten products.

PEANUT BUTTER CHOCOLATE CAKES - KD 25.000

Vegan homemade peanut butter and chocolate cake made with gluten free oat flour, organic virgin coconut oil, organic unrefined coconut sugar, almonds with 70% dark chocolate, cacao ganache Icing. 5" Cake. 5 - 6 Servings. *Made in a kitchen that contains nuts & gluten products.

MINI CHOCOLATE TRIFLE - KD 3.750

Layers of vegan and gluten free & refined sugar free chocolate cake & vegan coconut cream. 3 Mini Pcs. 1 Pc: 122 Kcal, 7.6g Fat, 12.99 Carb, 1.6g Protein. *Made in a kitchen that contains nuts & gluten products.

VEGAN CHOCOLATE CUPCAKES - KD 1.750

Chocolate cupcakes made with gluten free oat flour, organic virgin coconut oil, organic unrefined coconut sugar, almonds with 70% dark chocolate, with optional cacao ganache Icing. *Made in a kitchen that contains nuts & gluten products. 1Pc: 216 Kcal, Carbs 29.9g, Fat 12g, Protein 2.5g, 1Pc w/icing: 281 Kcal, Carbs 31g, Fat 12g, Protein 3.4g

VEGAN

VEGAN LOW SUGAR BROWNIE - KD 11.000

Vegan no added sugar, gluten free brownies made with organic gluten free flour, vegan dark chocolate, stevia, organic coconut oil, unsweetened coco powder, flaxseeds. 1 Pc: Kcal 142.4, Fat 10.8 g, Net carbs 9.g, Fiber 3.5 9g, Protein 2.3g. *Made in a kitchen that contains nuts & gluten products.

PALEO ZAATER PITTA CRACKERS - KD 4.750

Paleo, vegan, gluten free zaater almond meal pitta crackers. 1 Packet: 1 Dz. 1 Pc. Kcal 62, Carb 2g, Fat 5.5g, Protein 39g. *Made in a kitchen that contains nuts & gluten products.

VEGAN MINI DATE CUPCAKES - KD 5.000

Mini cupcakes made with local dates gluten free oat flour, organic virgin coconut oil, organic, unrefined coconut sugar and flax seeds with cinnamon. 1 Box :1 Dz. *Made in a kitchen that contains nuts & gluten products. 1 Pc: 66 Kcal, 1.9g Fat, 11.2g Carbs 1.1g Protein. 1 Pc w/vegan caramel sauce: 70 Kcal, 2.2g Fat, 11.4g Carbs, 1.1g Protein.

MINI DATE TRIFLE - KD 3.750

Layers of vegan and gluten free & refined sugar free date cake, vegan coconut cream & homemade vegan salted caramel. 3 Mini Pcs. 1 Pc: 99 kcal, 4.7g Fat, 12.4g Carbs, 1.4g Protein. *Made in a kitchen that contains nuts & gluten products.

PALEO ALMOND PITTA CRACKERS - KD 4.500

Paleo, vegan, gluten free almond meal pitta crackers. 1 Packet :1 Dz. 1 Pc: 60.5 Kcal, 1.5g Carbs, 5g Fat, 2.49 Protein. *Made in a kitchen that contains nuts & gluten products.

GO DIET NINJA

KETO PROTEIN BAR - KD 3.500

Gluten free premium whey protein bar suitable for keto & low carb lifestyle. Whey protein, homemade roasted pb, unsweetened almond milk, almond flour, erythritol, stevia, dark chocolate, unsweetened cocoa powder, vanilla, sea salt. 1 Box includes 3 bars. 60g per bar: 225 kcal, 13.6 Fat, 6.7 Carbs 2.9g Fiber, 19g Protein. *Made in a kitchen that contains nuts & gluten products.

KETO CUPCAKES - KD 6.000

Sugar-free, gluten-free, dairy-free, grain free cupcakes. Suitable for keto, paleo & low carb lifestyles. Almond flour, erythritol, stevia, egg, organic coconut oil, vanilla extract, sea salt. 1box includes 12 cupcakes. Per 15g Cupcake: 67.4 kcal, 6.2g Fat, 0.3g Carbs, 0.9g Fiber, 2.6g Protein. *Made in a kitchen that contains nuts & gluten products.

LOW CARB PROTEIN BAR - KD 1.750

Mini gluten free premium whey protein bar. Suitable for keto & low carb lifestyle. Whey protein, homemade pb, unsweetened almond milk, almond flour, erythritol, stevia, dark chocolate, unsweetened cocoa powder, vanilla, sea salt. 1 pack includes 4 mini bars. 19g per Bar: 73 kcal, 4.39 Fat, 2.6g Carbs, 1g Fiber, 4.3g Protein. *Made in a kitchen that contains nuts & gluten products.

KETO COFFEE - KD 2.000

Cream based sugar free keto coffee using our signature blend of heavy cream, lacto free milk, erythritol and stevia. 1Pc: 220 ml. 193 Kcal, Carbs 5g, Fat 17g, Caffeine 95.4mg, 5 Protein. *Made in a kitchen that contains nuts & gluten products.

GO DIET NINJA

KETO CAKE BARS - KD 5.250

Sugar free, gluten free, grain free chocolate car bars. Suitable for keto, paleo & low carb lifestyle. Almond flour, erythritol, stevia egg organic coconut oil, unsweetened cacao powder, full fat cream cheese, butter, vanilla extract, sea salt, vanilla extract. Per 70g Cake bar: 233.5 kcal, Fat 22.3g, Carbs 1.29, Fiber 2.69, Protein 7g. *Made in a kitchen that contains nuts & gluten products.

KETO ICE CREAM BAR - KD 5.500

Keto chocolate dipped cream cheese Ice cream bar. Suitable for keto & low carb lifestyle. Cream cheese, butter, erythritol, stevia, dark chocolate. 1 Box includes 9 pcs . 20g per Bar: 106 KCAL, 9.8g Fat, 3.2g Carbs, 0.3 g Fiber, 1g Protein. Made in a kitchen that contains Gluten Products.

KETO PB ICE CREAM BAR - KD 5.500

Keto chocolate dipped peanut butter Ice cream bar. Suitable for keto & low carb lifestyle. Homemade peanut butter, erythritol, stevia, dark chocolate. 1 Box includes 9 pcs . 20g per Bar: 87 KCAL, 7.2g Fat, 4g Carbs, 0.5g Fiber, 1.6g Protein. Made in a kitchen that contains Gluten Products.

KETO BASBOOSA CUP - KD 5.750

Gluten free Keto basboosa cup stuffed with cream cheese. Suitable for keto & low carb lifestyle. Almond flour, Butter, eggs, organic coconut oil, baking powder, beef gelatin, sea salt, 1 Box includes 4 cups . 90g per Cup: 269 KCAL, 25 g Fat, 3g Net Carbs, 2g Fiber, 8g Protein. Made in a kitchen that contains Gluten Products.

KETO KARAK - KD 2.000

Cream based Sugar Free Keto Karak (tea & milk) using our signature blend of heavy cream, lactofree milk, black tea, cardamom, saffron, erythritol and stevia. 240 ML Serving: 148 KCAL, 4g Protein, 0g Net Carbs, 12 g Fat.

FIT FOOD

MILK CHOCOLATE DIPPED PROTEIN BOMB - KD 1.500 / 10.500

Milk chocolate dipped whey and peanut butter protein bomb. 1 Pc: 50 Kcal, 8.6g Carbs, 2.4g Fat, 2.4g Protein. 1 Box: approx. 30-35pcs.

DARK CHOCOLATE PROTEIN BOMB - KD 1.500 / 10.500

Dark chocolate dipped whey and peanut butter protein bomb. 1Pc: 48 Kcal, 5.5g Carbs 2.5g Fat, 2.5g Protein. 1 box: Approx. 30-35pcs.

GRANOLA - KD 3.750

Homemade granola. mixed seeds oats and nuts. 1 pack: 500g. Per serving: 80g (half cup) 331.5 Kcal, 40g Carbs, 16.7g Fat, 8.7g Protein.

PEANUT BUTTER - KD 3.500

Vegan, homemade peanut butter. 100% nuts no additives. 1 jar: 150g. vegan. 1 tablespoon: 89 Kcal, Carbs 3g, Fat 8.5g, Protein 3.5g

TOASTED ALMOND BUTTER - KD 3.750

Vegan, homemade toasted almond butter. 100% nuts no additives. 1 jar: 150g, vegan. 1 tablespoon: 95 Kcal, Carbs 3g, Fat 8.5g, Protein 3.5g.

FIT FOOD

GRANOLA BAR - KD 10.750

Homemade granola bar mixed seeds, oats and nuts. 1 Bar: 55g. 204.59 Kcal 30g Carbs, 8.9g Fat, 3.87g Protein.

PALEO FLOURLESS CHOCOLATE DONUT - KD 3.000

Baked, flourless paleo donut. Grain free, gluten free, dairy free and refined sugar free. Almond flour, cacao powder, organic coconut sugar, eggs, vanilla, sea salt. 1 Pc: 211 Kcal, 15g Fat, 15.6 g Carbs, 3.4g Protein. *Made in a kitchen that contains nuts & gluten products.

CHOCOLATE ALMOND BUTTER - KD 3.750

Home made dark chocolate almond butter 100% nuts, no additives. 1 jar: 150g. vegan. cals 216 kcal perpcs, Carbs 26.9g, Fat 12g, Protein 2.5g

SUGAR FREE CHOCO. P.B. CUPS - KD 1.750 / 7.000

Sugar Free Chocolate Cups with homemade Peanut butter filling. 1 Box: 1Dz No added sugar Keto. GF. 1 pc: 123Kcal, 10g Fat, 8g Carbs, 3g Protein. Made in a Kitchen that contains Nuts & Gluten Products.

PALEO ALMOND FLORENTINES - KD 3.750

Almond Florentine cookies made with organic coconut sugar & coconut oil drizzled with dark chocolate. Gluten free, refined sugar & dairy free. 1 box: 6 Pcs. 1 Pc: 127 kcal, 8.3g Fat, 10g Carbs, 3.8g Protein. *Made in a kitchen that contains nuts & gluten products.

SUGAR FREE CHOCO ALMOND & JAM CUPS - KD 2.000 / 7.500

Sugar free chocolate cups with homemade almond butter filling and sugar free berry jam. No added sugar, low carb, gluten free. 1 Pc: 111Kcal, 8.9g Fat, 5.3g Carbs, 2.4g Protein. *Made in a kitchen that contains nuts & gluten products.

SUGAR FREE CHOCO. P.B. CUPS - KD 1.750 / 7.000

Sugar free chocolate cups with homemade pb filling. No added sugar, low carb, gluten free. 1 Pc: 123 Kcal, 10g Fat, 8g Carbs, 1.45g Fiber, 3g Protein. *Made in a kitchen that contains nuts & gluten products.

CHOCOLATE INDULGENCE

CLASSIC LOVE BITE - KD 1.750 / 6.500

Crispy rich milk chocolate bars :1 box: Approx. 24pcs. 1Pc: 67 Kcal, 8.8g Carbs, 3.4g Fat.

SALTED ALMOND LOVE BITE - KD 1.750 / 8.000

Salted almonds, crispy rich milk chocolate bars: 1 Box: Approx. 24pcs.

VERY BERRY LOVE BITE - KD 1.750 / 7.750

Goji berry and dried cranberry crispy rich milk chocolate bars: 1 box: approx. 24pcs.

ASSORTED LOVE BITES - KD 8.000

Assorted box of love bite: 1 box: Aprox. 24 pcs.

LOW SUGAR LOVE BITES - KD 1.750 / 9.500

Our classic crispy bars made with sugar free milk chocolate: 1 box: Approx. 24pcs 1Pc: Kcal 59, Carbs 8g , Fat 3g.

CHOCOLATE INDULGENCE

CHOCOLATE BROWNIE BALLS - KD 6.000

Reduced fat brownies dipped in chocolate: 1 box: Approx. 30-35 pcs.

ASSORTED CHOCOLATE BALLS - KD 7.000

Assorted box of chocolate balls .1 box: Approx. 30-35 pcs.

BROWNIE BISCUIT BALLS - KD 6.250

Reduced fat brownies dipped in chocolate rolled in biscuit crumbs: 1 box: approx 30-35pcs.

CHOCOLATE CLUSTERS - KD 5.750

Milk chocolate cornflakes clusters. 1 box: Approx. 20pcs. Low Fat. 1Pc: 39 Kcal, 5.8g Carbs, 1.5g Fat, 0.8g Protein.

OREO BALLS - KD 6.250

Classic Oreo cookies rolled into truffles dipped in white chocolate.1 box: Approx. 30-35pcs. 1 Pc: 75 Kcal, 4.3g Fat, 8.4g Carbs, 1g Protein.

CHOCOLATE INDULGENCE

MINI VEGAN COCONUT CHOCOLATE BARS - KD 1.250 / 5.500

Mini vegan, raw bounty bars. Desiccated coconut, organic maple syrup, dark chocolate, blueberries, sea salt. Grain free, gluten free and & refined sugar free. 1 box: Approx. 9pcs. 1 Bar: 123 Kcal, 10.3g Fat, 7.4g Carbs, 1g Protein. *Made in a kitchen that contains nuts & gluten products.

MINI PEANUT CHOCOLATE BARS - KD 1.250 / 5.500

Mini vegan snickers bars. Homemade date caramel, homemade pb, organic gluten free oats, vegan dark chocolate, sea salt. Gluten free and refined sugar free. 1 Box: Approx. 9 Pcs. 1 Bar: 120 Kcal, 5.3g Fat, 18.6g Carbs, 2.4g Fiber, 4g Protein. *Made in a kitchen that contains nuts & gluten products.

COOKIES

CHOCOLATE CHIP COOKIE - KD 1.000/ 6.000

Reduced fat chocolate chip cookie. 1 box: 12 pcs: 1 cookie: 35g. 129.41 Kcal, 14.55g Carbs,7.85g, Fat, 0.14g Protein.

BIRTHDAY COOKIE - KD 4.500 K.D

Reduced fat birthday cookie with sprinkles 1 box: 6 pcs. 1 Cookie: 40g. 156 Kcal, 3.7g Fat, 28.59g Carbs, 1.99g Protein.

BROWNIE COOKIE - KD 5.000

Reduced fat brownie cookie with Belgian white chocolate. 1 Box: 6pcs. 1 Cookie: 40g. 159 Kcal, 6.7g Fat, 21.89 Carbs, 2.9g Protein.

CAKES & CUPCAKES

SKINNY BLUEBERRY MUFFIN - KD 1.000

Reduced fat blueberry muffin: 1 muffin: 150g. 325 Kcal.

CHOCOLATE FUDGE CAKE - KD 7.000 / 12.000

Rich chocolate cake with dark chocolate ganache icing. 8" Cake. 8-10 servings.

CAKES & CUPCAKES

NUTELLA CAKE - KD 8.500 / 13.500

Rich chocolate cake with creamy Nutella icing. 5"cake. 5-6 servings. 8"cake 8-10 serving.

VANILLA CAKE - KD 7.000 / 12.000

Reduced fat vanilla cake with vanilla butter cream icing. 8" cake 8-10 servings.

RED VELVET - KD 8.000 / 15.000

Reduced fat red velvet cake with reduced fat cream cheese icing. 5" cake. 5-6 servings.

CHOCOLATE FUDGE CUPCAKE - KD 0.750

Reduced fat chocolate cupcake with dark chocolate ganache icing 1pc: 342 Kcal, 18g Fat, 45g Carbs, 4.5g Protein.

MINI RED VELVET CUPCAKES - KD 4.500

Reduced fat mini red velvet cupcake with reduced fat cream cheese icing. 1 box: 12pcs. 1pc: 71 Kcal, 1.5g Fat, 17g Carbs, 1g Protein.

RED VELVET CUPCAKE - KD 0.750

Reduced fat red velvet cupcake with reduced fat cream cheese icing. 1 cupcake: 139 Kcal, 24g Carbs, 4g Fat, 1.4g Protein

MINI CHOCOLATE FUDGE CUPCAKES - KD 4.500

Reduced fat mini chocolate cupcake with dark chocolate ganache icing. 1 Box: 12pcs. 1pc: 105 Kcal, 6g Fat, 14g Carbs, 0.6g Protein.

DESSERTS

MINI CHOCOLATE MUD CAKES - KD 4.500

Mini reduced fat chocolate cakes in dark chocolate sauce. 1 box: 12pcs. 1 pc: 109 Kcal, 5g Fat, 16g Carbs, 2g Protein.

SKINNY DATE PUDDING - KD 4.500

Reduced fat date cakes in caramel and date sauce. 1 box: 12pcs.

RED VELVET TRIFLE - KD 1.000 / 9.000

Layers of reduced fat red velvet cake, reduced fat cream cheese icing and whipped cream. 1 M. Box. 4-6 servings.

CHOCOLATE BREAD PUDDING - KD 14.000

Reduced fat chocolate bread pudding made with our homemade, reduced fat chocolate croissants and vanilla custard. 1 Dish. 8-10 servings.

NUTELLA TRIFLE - KD 1.000 / 9.000

Layers of rich chocolate cake, creamy nutella and chocolate whipped cream. 1 box. 4-6 servings.

BANOFEE TRIFLE - KD 1.000 / 9.000

Layers of reduced fat vanilla cake, fresh bananas, homemade dulce de leche and whipped cream. 1 Med. Box. 4-6 servings.

PISTACHIO BLACKOUT PUDDING - KD 5.500

4 Individual cups of warm chocolate cake pudding topped with pistachios, with extra pistachio sauce & pistachios on the side. 1 Pudding: 285 Kcal, 3g Fat, 32g Carbs, 3.49g Protein.

DESSERTS

HALF & HALF BREAD PUDDING - KD 18.000

Half chocolate bread pudding made with our reduced fat, homemade chocolate croissants & Nutella & half salted caramel, white chocolate 1 Dish. 8-10 servings.

SALTED CARAMEL WHITE CHOCOLATE BREAD PUDDING - KD 15.000

Salted caramel & white chocolate bread pudding made with our reduced fat, homemade croissants & vanilla custard. 1 Dish. 8-10 servings.

BROWNIES & BARS

BROWNIE - KD 1.500 / 7.500

Reduced fat brownie. 1 box: 12pcs. per serving 1 brownie: 40g. 206 kcal, 24.3g carbs, 10.88g, fat, 2.82g protein.

PEANUT BUTTER BROWNIE - KD 8.500

Reduced fat brownie with peanut butter. 1 box: 12pcs. 1 Pb brownie: 40g. 237 Kcal, 25.3g Carbs, 11.6g Fat, 3.8g Protein.

ROCKY ROAD BARS - KD 5.750

Low fat biscuits, fat free marshmallow and dark chocolate. 1 box: 12 pcs. 1 Pc: 164 Kcal, 22g Carbs, 6.9g Fat, 1.7g Protein.

MILK CHOCOLATE ROCKY ROAD - KD 6.000

Low fat biscuits, fat free marshmallow and milk chocolate. 1 box: 9 pcs.

ASSORTED ROCKY ROAD BARS - KD 9.000

An assortment of milk, dark & white chocolate rocky road bars. 1 box: 9pcs.

BREADS & PASTRIES

CHEESE WRAP - KD 2.500

Reduced fat, homemade flat bread with reduced fat feta cheese. 1 box: 6pcs. 1 Pc: 45g. 162.15 Kcal, 20.7g Carbs, 5.6g, Fat, 4.3g Protein.

ZAATER WRAP - KD 2.500

Reduced fat, homemade flat bread with a special blend zaater and olive oil spread. 1 box 6pcs. 1 Pc: 40g. 133 Kcal, 24.3g Carbs, 10.8 Fat, 2.8g Protein.

LABNEH WRAP - KD 2.500

Reduced fat, homemade flat bread with reduced fat labneh. 1 box: 6pcs. 1 Pc: 45g. 154.7 Kcal, 20.8g Carbs, 6g Fat, 4.5 Protein.

ZAATER ORGANIC QUINOA FLAT BREAD - KD 5.500

Vegan organic quinoa zaater flat bread. 1 pack: 12 pcs 1 Pc: 40g. Kcal 77, Carbs 8g, Fat 7.5g, Protein 2.5g. *Made in a kitchen that contains nuts & gluten products.

MINI ORGANIC QUINOA ZAATER PIZZA - KD 5.000

Vegan, gluten free, mini organic quinoa zaater pizza. 1 box: 12pcs. 1 Pc: Kcal 35, Carbs 3.4g, Fat 3.1g, Protein 1g. *Made in a kitchen that contains nuts & gluten products.

BREADS & PASTRIES

MINI ORGANIC QUINOA CHEESE PIZZA - KD5.500

Vegan, gluten free mini organic quinoa cheese pizza. 1 box: 12pcs. 1 Pc: Kcal 31.2, Carbs 1.2g, Fat 2.2, Protein 1.5g. *Made in a kitchen that contains nuts & gluten products.

ORGANIC QUINOA FLAT BREAD - KD 5.000

Vegan, gluten free organic quinoa flat bread. 1 pack: 12pcs. 1 Pc: 40g. Kcal 57, Carbs 8g, Fat 2g, Protein 2g. *Made in a kitchen that contains nuts & gluten products.

GATHERING

ASSORTED LOVE BITE GATHERING BOX - KD 29.000

An assortment of love bites in our gathering box. 1.5 Kg.

ASSORTED CHOCOLATE BALLS GATHERING BOX - KD 25.000

An assortment of chocolate balls in our gathering box. 1 box: Approx 1.75kg.

ASSORTED MINI TRIFLE GATHERING BOX - KD 10.000

An assortment of reduced fat mini red velvet banoffee and nutella trifle. 1 box: 9pcs.

ASSORTED MINI ORGANIC PIZZA GATHERING BOX - KD 13.500

An assortment of mini organic quinoa, gluten free cheese and zaater pizza. 1 box: 30 pcs.

ASSORTED WRAPS GATHERING BOX - KD 12.000

An assortment of reduced fat cheese, labneh and zaater wraps. 1 box: 24 pcs.

ASSORTED BARS & BROWNIES GATHERING BOX - KD 25.000

An assortment of bars and reduced fat brownies in our gathering box. 1 box: Approx 1.5 Kg.

GATHERING

ASSORTED J'S COOKIES GATHERING BOX - KD 9.000

A gathering box of assorted J's Reduced Fat Cookies. 1 Box: 12 Pcs

ASSORTED VEGAN MINI TRIFLES GATHERING BOX - KD 10.500

A gathering box of assorted chocolate and date mini vegan trifles. Gluten, dairy & refined sugar free. Chocolate Trifle 1 Pc: 122 kcal, 7.6g Fat, 12.99 Carb, 1.6g Protein. Date Trifle 1 Pc: 99 kcal, 4.7g Fat, 12.4g Carbs, 1.4 9 Protein. *Made in a kitchen that contains nuts & gluten products.

GIFTS

LOVE BITE TRIO TREATS TRAY - KD 27.000

3 Jars filled with an assortment of love bites in a custom wood tray.

CHOCOLATE BALLS & CLUSTERS TRIO TREATS TRAY - KD 19.000

3 jars filled with an assortment of chocolate clusters and chocolate balls in a custom wood tray in a custom wood tray.

GIFTS

PROTEIN BOMB TRIO TREATS TRAY - KD 35.000

3 Jars filled with an assortment of whey protein bombs undipped and dipped in milk and dark chocolate in a custom wood tray

JS TRAY ASSORTED BALL - KD 19.000

J's signature wire tray in rose gold with an assortment of our bestselling chocolate balls.

DRINKS

AMERICANO - KD 1.250

Double shot espresso with hot water. 240 ml

FLAT WHITE - KD 1.500

Double shot espresso with your choice of milk. 240 ml

CAPPUCCINO - KD 1.500

Double shot espresso with your choice of milk. 240 ml

LATTE - KD 1.500

Double shot espresso with your choice of milk. 240 ml

SPANISH LATTE - KD 2.250

Single shot espresso with our special blend of sweetened milk. 240 ml

GOLDEN MILK - KD 2.000 / 12.000

Made with our signature homemade, organic turmeric paste with your choice of vegan milk. 240 ml, 1 Flask: 0.75Ltr

SKINNY HOT CHOCOLATE - KD 2.000

Our signature hot chocolate made with Belgian chocolate and your choice of milk. 240 ml

VEGAN HOT CHOCOLATE - KD 2.500 / 15.000

Our signature hot chocolate made with vegan dark chocolate, lightly sweetened with organic coconut sugar and your choice of vegan milk. 240 ml, 1 Flask: 1Ltr.

TEA & MILK - KD 1.250

Our signature blend of black tea and cardamom with your choice of milk. 240 ml

GINSENG OOLONG TEA - KD 1.250

Handpicked Taiwanese Ginseng Oolong Tea. 240 ml

MINT TEA - KD 1.000

Fresh mint with hot water, with optional black tea. 240 ml

ICED LATTE - KD 1.500

Double shot espresso with your choice of cold milk and ice. 360 ml

ICED SPANISH LATTE - KD 2.250

Single shot espresso with your choice of sweetened cold milk and ice. 360 ml

DRINKS

ICED PROTEIN LATTE - KD 2.250

Double shot espresso, Lacto free milk, a scoop of premium whey protein isolate and ice. No added sugar. One 360 ML serving: 192 Kcal, 4.6 Fat, 5.6g Carbs, 1g Sugar, 30.3g Protein

ICED VEGAN PROTEIN LATTE - KD 2.500

Double shot espresso, coconut milk, a scoop of premium vegan protein, without added sugar and ice. One 360 ML serving: 117 Kcal, 2.3g Fat, 6.7g Carbs, 3.8g Sugar, 17.8g Protein

COLD BREW - KD 1.250

Cold Brew bottle . 240 ml.

TRADITIONAL ARABIC COFFEE - FLASK - KD 7.500

Traditional arabic coffee with cardamom. 1L Flask : Serves 6-8. Includes 8 paper cups.

ALL DAY CAFÉ

REDUCED FAT TURKEY & CHEESE CROISSANT - KD 2.250

Fresh homemade reduced fat croissant sandwich filled with turkey breast slices, light swiss cheese, low fat mayo- mustard sauce and greens. 1 Sandwich: 400 Kcal, 18g Fat, 46.7g Carbs, 15.2g Protein.

REDUCED FAT EGG & CHEESE CROISSANT - KD 1.750

Fresh homemade reduced fat croissant filled with cheese egg omelet, light cheddar cheese, low fat mayo- mustard sauce and greens. 1 Sandwich: 432 Kcal, 25g Fat, 32.7g Carbs, 15g Protein.

REDUCED FAT ZAATER & LABNEH CROISSANT - KD 1.750

Fresh homemade reduced fat zaater croissant filled with low fat labneh, cucumber slices. 1 Sandwich: 301 Kcal, 15g Fat, 33.7g Carbs, 6g Protein.

OVERNIGHT OATS - KD 1.750

Overnight soaked oats in coconut milk, lightly sweetened with maple syrup, topped with fresh berries. 1Cup: 288 Kcal, 5.8g Fat, 51g Carbs, 6g Fiber, 8g Protein. Vegan & refined sugar free.

GREEK YOGHURT GRANOLA CUP - KD 1.750

Greek yoghurt cup topped with J's signature granola, fresh berries and a side of maple syrup. 1 Cup: 152 Kcal, 7.4g Fat, 18g Carbs, 3.7g Protein.

ACAI GRANOLA BOWL - KD 2.500

Acai topped with our signature granola, fresh berries & bananas. Vegan & refined sugar free. 1 Cup: 226 Kcal, 5.4g Fat, 42g Carbs, 4g Fiber, 1.2g Protein.